

# A Multicenter Randomized Open-Label Phase 2 Study Investigating Optimal Antiemetic Therapy for Patients with Advanced/Recurrent Gastric Cancer Treated with Trastuzumab Deruxtecan (T-DXd): EN-hance Study

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# **Background and Objectives**

- Trastuzumab deruxtecan (T-DXd) is considered moderately or high risk emetogenicity.<sup>1,2</sup>
- However, the risk of emesis has not been fully evaluated in the DESTINY-Gastric01, and the effectiveness of conventional prophylaxis remains unknown.
- This study's objective was to evaluate the complete response (CR) rate
  of the Triplet or Doublet antiemetic regimens as a primary endpoint for
  3rd or later line for gastric cancer in Japan.

- 1. Japan Society of Clinical Oncology Clinical Practice Guidelines for the proper use of antiemetics, 2023.
- 2. National Comprehensive Cancer Network Clinical Practice Guidelines in Oncology "Antiemesis" Version 2. 2023

# **Study Design**

This study was an exploratory, parallel-group, open-label, active-controlled, randomized, Phase 2 controlled study.

HER2 positive GC/GEJ Third or later-line, ECOG PS 0-2

R 1:1 **Triplet Regimen**APR + PALO + DEX

APR: aprepitant PALO: palonosetron DEX: dexamethasone

**Doublet Regimen**PALO + DEX

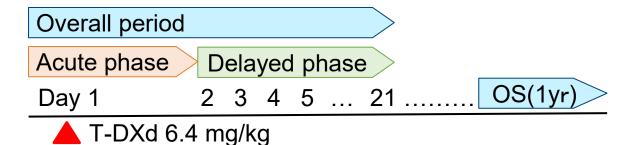
Stratification factor: Study site, gastrectomy(Y/N), and gender

#### **Protocol Treatment**

Regimen Group	Day1	Day2	Day3	Day4	Day5
Triplet Regimen	<b>T-DXd</b> 6.4 □ /kg <b>APR</b> 125 mg <b>PALO</b> 0.75 mg <b>DEX</b> 9.9 mg	APR 80 mg DEX 8.0 mg	APR 80 mg DEX 8.0 mg	<b>DEX</b> 8.0 mg	*
Doublet Regimen	<b>T-DXd</b> 6.4 □ /kg <b>PALO</b> 0.75 mg <b>DEX</b> 9.9 mg	<b>DEX</b> 8.0 mg	<b>DEX</b> 8.0 mg	*	

<sup>\*</sup> GEJ: gastroesophageal Junction

## **Schedule**



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The emetic events and nausea were evaluated based on patient reported outcome for 21 days.

## **Endpoints**

#### **Primary Endpoint**

CR rate (Overall period)

#### **Secondary Endpoints**

- CR rate (Acute phase, Delayed phase)
- CC rate
- TC rate
- TTF
- Safety (Day 1-21)
- OS (1 year)

Definitions for emetic events' endpoints	Emetic Events	Antiemetic Rescue Treatment	Nausea	
Complete Response (CR)	No	No	Any allowed	
Complete Control (CC)	No	No	No / mild allowed	
Total Control (TC)	No	No	No	

## **Criteria**

#### **Key Inclusion Criteria**

- Age ≥ 20 years
- HER2 positive GC or GEJ adenocarcinoma
- 3rd or later-line treatment
- ECOG PS 0 to 2
- Maintaining adequate organ functions and met the criteria
- Written informed consent

#### **Key Exclusion Criteria**

- Complication or history of ILD
- Vomiting or nausea CTCAE Grade 2 or higher
- History of T-DXd therapy

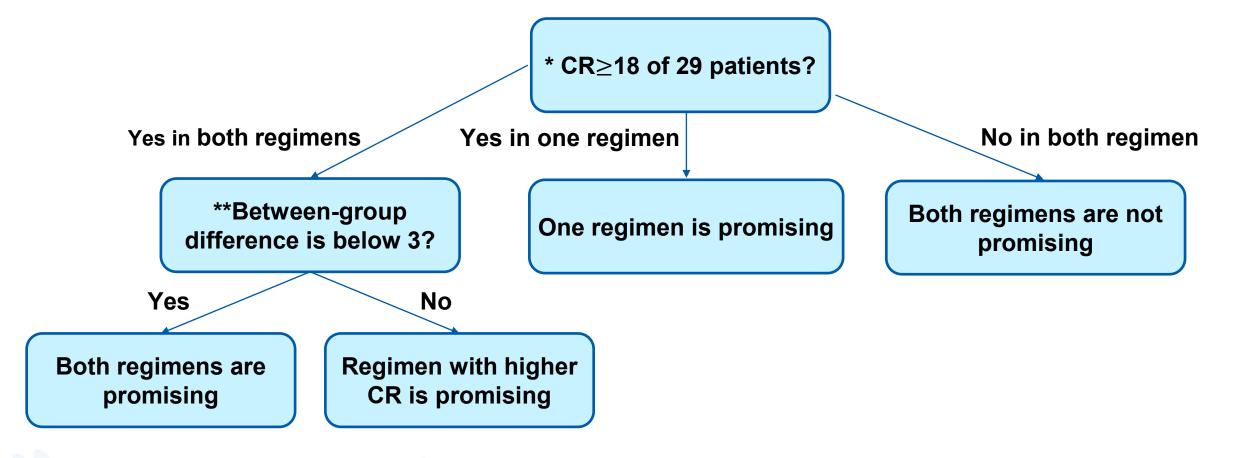


# **Primary Analysis**

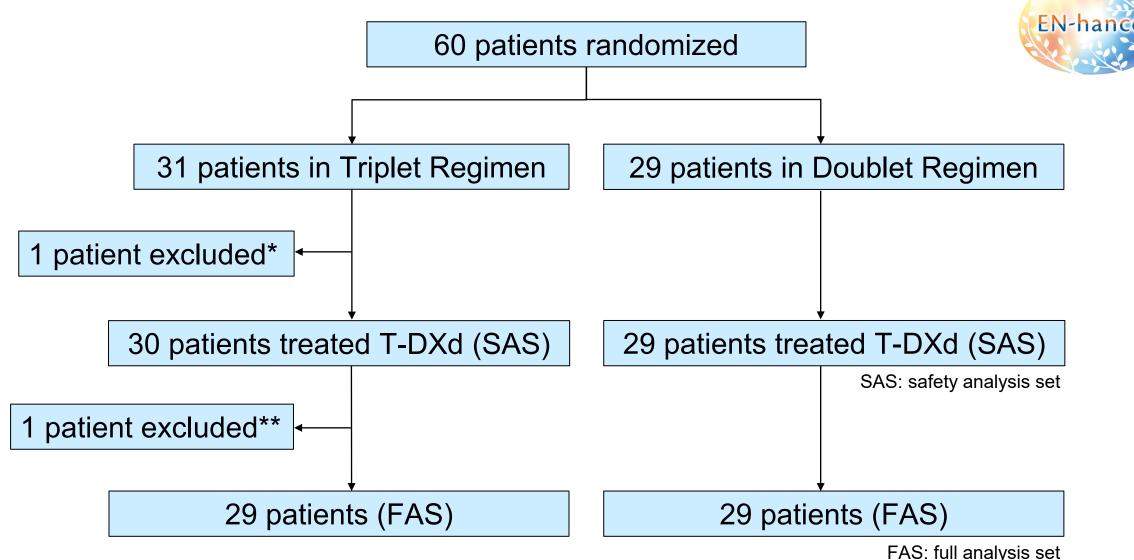
 Estimated the CR rate in each regimen during the total study period and its 90% confidence interval based on the Agresti-Coull method.



The following algorithm was applied for comparing two regimens.



# **CONSORT Flow Diagram**



<sup>\*</sup>One patient was excluded due to inability to receive treatment with T-DXd for disease progression

<sup>\*\*</sup> One patient was excluded due to Informed consent violation

## **Patients' Characteristics**



Patients Characteristics	Triplet Regimen (N = 29)	Doublet Regimen (N = 29)
Age, median (range)	72.0 (53, 83)	72.0 (41, 82)
Gender, n (%)		
Male	22 (75.9)	23 (79.3)
Female	7 (24.1)	6 (20.7)
BMI, median (range)	19.50 (13.5, 27.3)	21.00 (16.7, 27.8)
ECOG PS, n (%)		
0	14 (48.3)	17 (58.6)
1	14 (48.3)	11 (37.9)
2	1 (3.4)	1 (3.4)
HER2 status, n (%)		
IHC3+	21 (72.4)	20 (69.0)
IHC2+ and ISH positive	8 (27.6)	9 (31.0)
Histological type, n (%)		
Intestinal	24 (82.8)	26 (89.7)
Diffuse	4 (13.8)	2 (6.9)
Other	1 (3.4)	1 (3.4)
Previous systemic therapy, n (%)		
1/2 line	21 (72.4)	19 (65.5)
> 3 line	8 (27.6)	10 (34.5)

Patients Characteristics		Doublet Regimen	
	(N = 29)	(N = 29)	
Gastrectomy, n (%)			
No	17 (58.6)	15 (51.7)	
Yes	12 (41.4)	14 (48.3)	
Previous platinum regimen, n (%)			
No	7 (24.1)	7 (24.1)	
Yes	22 (75.9)	22 (75.9)	
Previous ICI, n (%)			
No	19 (65.5)	21 (72.4)	
Yes	10 (34.5)	8 (27.6)	
Alcohol intake before 30 days, n (%)			
No	25 (86.2)	19 (65.5)	
Yes	4 (13.8)	10 (34.5)	

## Results

### **CR Rate in Overall Period as Primary Endpoint (FAS analysis)**



	Triplet Regimen (N = 29)	Doublet Regimen (N = 29)	
CR, n	11	12	
CR Rate, % (90%CI)	37.9 (24.7, 53.2)	41.4 (27.7, 56.5)	

Both regimens did not meet the prespecified CR (≥18 of 29 patients).

## Results

## Proportion of Patients Achieving CR, CC, and TC during Each Phase

	Triplet Regimen (N = 29)		Doublet Re	egimen (N = 29)
	n	% (90% CI)	n	% (90% CI)
CR				
Overall period	11	37.9 (24.7, 53.2)	12	41.4 (27.7, 56.5)
Acute phase*	25	86.2 (72.2, 94.1)	25	86.2 (72.2, 94.1)
Delayed phase**	11	37.9 (24.7, 53.2)	12	41.4 (27.7, 56.5)
CC				
Overall period	9	31.0 (19.0, 46.4)	11	37.9 (24.7, 53.2)
Acute phase*	24	82.8 (68.3, 91.7)	25	86.2 (72.2, 94.1)
Delayed phase**	10	34.5 (21.8, 49.8)	11	37.9 (24.7, 53.2)
TC				
Overall period	5	17.2 (8.3, 31.7)	10	34.5 (21.8, 49.8)
Acute phase*	23	79.3 (64.5, 89.1)	23	79.3 (64.5, 89.1)
Delayed phase**	6	20.7 (10.9, 35.5)	10	34.5 (21.8, 49.8)

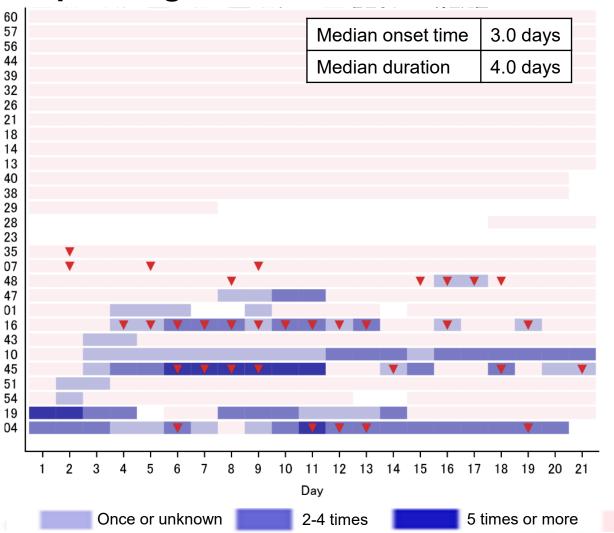
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Emetic events and nausea were controlled 86% of patients in the acute phase, but less than 40% of patients in the delayed phase.

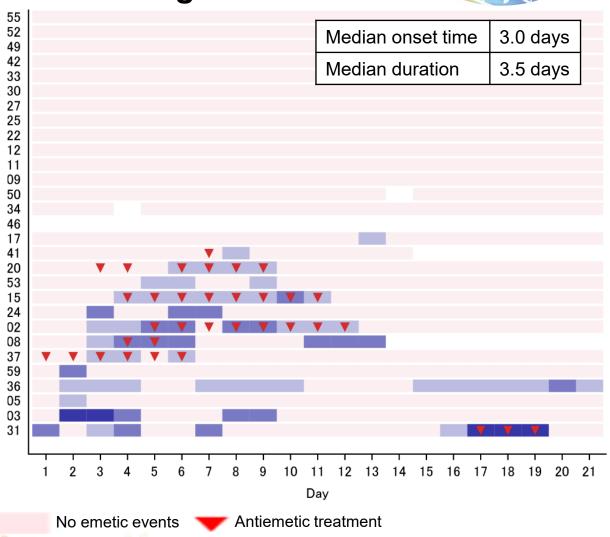
<sup>\*</sup>Acute phase; 0h-24h, \*\*Delayed phase; Day2-Day21

## Duration of Emetic Events based on patient-reported outcome

#### **Triplet Regimen**

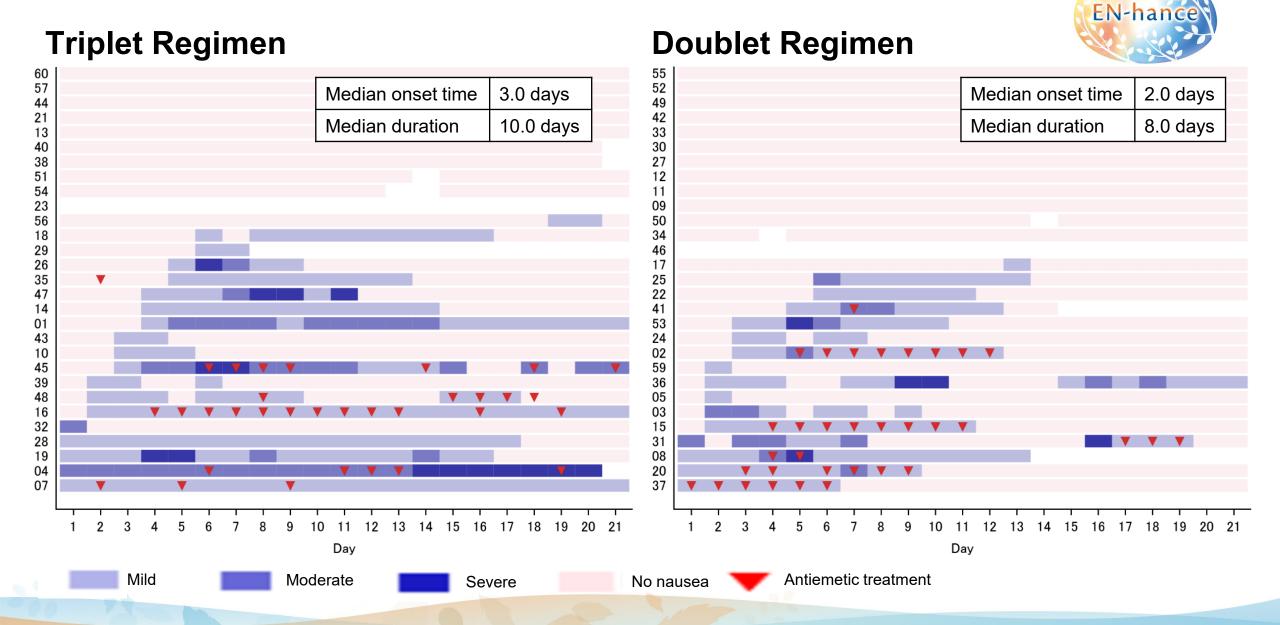


#### **Doublet Regimen**



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# Duration of Nausea based on patient-reported outcome



## **Adverse Events**



Adverse Events Term*	Triplet Regimen (n = 30)		Doublet Regimen (n = 29)	
Auverse Events Term	Any Grade (%)	Grade 3/4 (%)	Any Grade (%)	Grade 3/4 (%)
Anorexia	8 (26.7)	4 (13.3)	5 (17.2)	0 (0.0)
Malaise	7 (23.3)	0 (0.0)	8 (27.6)	0 (0.0)
Neutrophil count decreased	7 (23.3)	6 (20.0)	3 (10.3)	1 (3.4)
Platelet count decreased	5 (16.7)	1 (3.3)	1 (3.4)	0 (0.0)
Fatigue	4 (13.3)	1 (3.3)	2 (6.9)	0 (0.0)
Anemia	4 (13.3)	2 (6.7)	3 (10.3)	1 (3.4)
Febrile neutropenia	3 (10.0)	3 (10.0)	2 (6.9)	1 (3.4)
Fever	2 (6.7)	0 (0.0)	0 (0.0)	0 (0.0)
White blood cell decreased	2 (6.7)	1 (3.3)	2 (6.9)	0 (0.0)
Aspartate aminotransferase increased	2 (6.7)	0 (0.0)	0 (0.0)	0 (0.0)
Peripheral sensory neuropathy	2 (6.7)	0 (0.0)	1 (3.4)	0 (0.0)

<sup>\*</sup> At least 5% in either regimen or total

Common Terminology Criteria for Adverse Events (CTCAE) Version5.0

## Conclusion

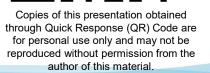


- Both antiemetic prophylaxis regimens did not meet the prespecified antiemetic CR (≥18 of 29 patients).
- This study, which used patient reported outcome to assess emetic events, has resulted in a higher rate of emetic events compare to monitoring by physicians reported in previous studies.
- The long half-life of T-DXd might be a contributory factor to delayed nausea and vomiting. Further research may help to fully characterize nausea and vomiting with T-DXd in GC patients.

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